



The Tiny Tots Spot
112 Lee Avenue New Brunswick, NJ 08901 (732) 448-1159
July / julio 2025

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		7/01-School Closed	7/02- School Closed	7/03- School Closed	7/04- School Closed
Lunch					HAPPY INDEPENDENCE DAY!
P.M. snack					
Breakfast	7/07-1½ Milk, corn muffins, pineapples	7/08-1½ Milk, Honey Bunches Cereal, apples	7/09-1½ Milk, French toast w/syrup, turkey bacon, banana	7/10-1½ Milk, Egg and cheese sandwich, whole wheat bread, oranges	7/11- 1½ Milk, Pancakes w/syrup, applesauce
Lunch	7/07-1½ Milk, turkey and cheese sandwich, whole wheat bread, French fries, lettuce, tomato, mayonaisse, pears	7/08- 1½ Milk, Pizza w/extra mozzarella cheese, green salad (lettuce, tomato, cucumbers w/ranch dressing) oranges	7/09-1½ Milk, Beef/hot dog, whole wheat bread, corn, mandarin	7/10-1½ Milk, Chicken Parmesan, whole wheat bread, carrots, pineapples	7/11- 1½Milk, mac and cheese, whole wheat bread, broccoli, watermelon
P.M. Snack	7/07-Belly bears graham cracker, 100% cranberry Juice	7/08- Saltines Crackers, 100% apple juice	7/09- -Pretzels, 100% grape juice	7/10- Cheese It, 100% apple juice	7/11-Honey Ghaham crackers, 100% cranberry juice
Breakfast	7/14- 1½Milk, Kix Cereal, banana	7/15- 1½Milk, English Muffins, eggs, oranges	7/16- 1½ Milk, whole wheat bagel, cream cheese, pears	7/17-1½Milk, blueberry muffins, peaches	7/18-1½ Milk, scramble egg, whole wheat bread, mandarins
Lunch	7/14- 1½ Milk, Swedish turkey meatballs, bow pasta, celery sticks, peaches	7/15-1½Milk, Cheeseburger on whole wheat bun, green salad celery sticks, w/ranch dressing, peaches	7/16- 1½ Milk, Pizza w/mozzarella cheese, green salad (lettuce, tomato, cucumbers w/ranch dressing) oranges	7/17-1½ Milk, chicken burrito in a whole wheat wrap, lettuce, tomato, rice, cheese, black beans, watermelon	7/18- 1½ Milk, chicken nuggets, French fries, garden salad, cantaloupe
P.M. Snack	7/14- Honey Ghaham crackers, 100% apple juice	7/15- Pretzels, 100% grape juice	7/16- Belly bears graham cracker, 100% cranberry Juice	7/17- Saltine cracker, 100% grape juice	7/18- Cheese it's, 100% cranberry Juice
Breakfast	7/21- 1½ Milk, egg and cheese sandwich in a whole wheat bread, peaches	7/22- 1½ Milk, egg, hash brown, apples	7/23- 1½Milk, cereal honey nut cheerios, banana	7/24- 1½Milk, pancakes w/syrup turkey sausages, pears	7/25- 1½ Milk, blueberry muffins, oranges
Lunch	7/21- 1½Milk, Pizza w/mozzarella cheese, green salad (lettuce, tomato, cucumbers w/ranch dressing) watermelon	7/22- 1½ Milk, Beef hot dog, whole wheat bread, corn, mandarin	7/23- 1½Milk, chicken nuggets, French fries, garden salad, cantaloupe	7/24- 1½ Milk, cheese steak on a whole wheat bun, sweet peppers and onions, garden salad, peaches	7/25-1½Milk, spaghetti and meatballs, broccoli, whole wheat bread, pineapple
P.M. Snack	7/21- Belly bears graham cracker, 100% cranberry Juice	7/22- Pretzel's 100% apple juice	7/23- Honey Ghaham crackers, Fruit cocktail in 100% grape juice	7/24- Saltine cracker, 100% cranberry juice	7/25 - Cheese It, 100% apple juice
Breakfast	7/29- 1½Milk, Life Plain Cereal, bananas	7/29- 1½Milk, bagel, cream cheese, apple slice	7/30- 1½Milk, corn muffins, pears	7/31- 1½Milk, scramble egg, whole wheat bread, mandarins	
Lunch	7/29- 1½Milk, chicken parmesan, whole wheat bun, carrots, French fries, oranges	7/29- 1½Milk, Mac and cheese, whole wheat bread, corn, pears	7/30- 1½ Milk, Cheeseburger on whole wheat bun, green salad celery sticks, w/ranch dressing, peaches	7/31- 1½Milk, Pizza w/mozzarella cheese, green salad (lettuce, tomato, cucumbers w/ranch dressing) watermelon	
P.M. Snack	7/29- Saltine cracker, 100% grape juice	7/29- Honey Ghaham crackers, Fruit cocktail in 100% cranberry juice	7/30- Pretzel's, 100% apple juice	7/31- Cheeze it's, 100% grape juice	

In accordance with Federal law and U.S. Department of Agriculture(USDA) policy this institution is prohibited from discriminating on the bases of race color national origin age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation or all part of an individual's income is derived from any public assistance program or protected genetic information in employment or in any program or activity conducted or fund by the Department. (Not all prohibited bases will apply to all programs and/or employment activities). To file a complaint, complete the USDA Program Discrimination Complaint Form or write a letter to U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339, or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

En acuerdo con la Ley Federal y el Departamento de Agricultura de los Estados Unidos, (USDA) la política de esta institución prohíbe contra la discriminación basado en la raza, color, nacionalidad, origen, edad, discapacidad, sexo, identidad racial, religión, represalia, y donde pueda ser aplicado, creencias políticas, estado marital u orientación sexual o en parte del ingreso de cada individuo es derivado de alguna agencia de asistencia pública o proteger información genética de empleo o en cualquier otro programa o actividad conducida o fondos por el Departamento. (No todas las prohiben bases que apliquen a todos los programas/actividades del empleador). Para poner una queja. Llene el USDA Formulario de Programa de Quejas Discriminatorias o escriba una carta al Departamento de Agricultura de los Estados Unidos, Director, Oficina de Adjudicación, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410, por fax (202) 690-7442 o correo electrónico program.intake@usda.gov. Las personas sordas o con problemas auditivos o de habilidades de habla pueden contactar USDA a través de los servicios Federales de Relevos al (800) 877- 8339, o (800) 845-6136 (Español). USDA provee oportunidades iguales de empleo.