



The Tiny Tots Spot  
 112 Lee Avenue New Brunswick, NJ 08901 (732) 448-1159  
 September 2023

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>					9/1 - School Closed
<b>Lunch</b>					
<b>P.M. snack</b>					
<b>Breakfast</b>	<b>Labor Day</b>	9/5 - TTTs- Staff Training	9/6 - Professional Development	9/7- 1% Milk -bacon egg, cheese sandwich, banana	9/8 - 1% Milk - Bagel with Cream cheese, apples
<b>Lunch</b>	9/4-School Closed	School Closed		9/7- 1% Milk - Mac and cheese, dinner roll, green beans, plums	9/8- 1% Milk - Turkey sandwich, cheese, lettuce, tomatoes, cantaloupe
<b>P.M. Snack</b>				9/7- Veg. chips grape juice	9/8 - Pretzels, fruit juice
<b>Breakfast</b>	9/11 - 1% Milk, English muffin, cheese, turkey bacon, egg, pineapples	9/12 - 1% Milk-Honey Kix cereal, bananas	9/13 - 1% Milk - French toast, turkey bacon, honeydew	9/14- 1% Milk-Cheerios Cereal, oranges	9/15- 1% Milk - Bacon, egg and cheese sandwich, banana
<b>Lunch</b>	9/11 - 1% Milk -Chicken nuggets, French fries, carrots and peas, oranges	9/12 - 1% Milk - Mozzarella cheese sticks, green salad (lettuce, tomato, cucumbers) w/ranch dressing, pineapple	9/13 - 1% Milk - Spaghetti w/ beef meatballs, garlic bread, green peas, apple slices	9/14- 1% Milk - Cheese pizza w/mozzarella cheese, garden salad (lettuce, tomato, cucumbers) ranch dressing, peaches	9/15- 1% Milk - Chicken parmigiana, mixed vegetables (carrots, peas) dinner roll, plum
<b>P.M. Snack</b>	9/11- Veg. chips apple juice	9/12 - Belly bears graham crackers grape juice	9/13- Saltine crackers apple juice	9/14- Cheese its grape juice	9/15 - Vanilla wafers fruit juice
<b>Breakfast</b>	9/18 - 1% Milk - Waffles, turkey bacon, peach	9/19 - 1% Milk - Bagel with Cream cheese, apples	9/20 - 1% Milk - French toast, turkey bacon, plums	9/21- 1% Milk - Scrambled eggs with cheese, hash browns, tangerines	9/22 - 1% Milk - Cheerios cereal, banana
<b>Lunch</b>	9/18- 1% Milk -Chicken tenders, yellow rice, steam broccoli, mandarins	9/19- 1% Milk - Cheese pizza w/mozzarella cheese, garden salad (lettuce, tomato, cucumbers) ranch dressing, peaches	9/20 - 1% Milk - Ham and Cheese sandwich, lettuce, tomato, fries, cantaloupe	9/21- 1% Milk - Swedish turkey meatballs, mash potatoes, steam broccoli, oranges	9/22 - 1% Milk - Cheeseburger on whole wheat bun, green salad celery sticks, w/ranch dressing, peaches
<b>P.M. Snack</b>	9/18- Saltine crackers, grape juice	9/19 - Belly bears, apple juice	9/20- Veg. chips, fruit juice	9/21- Vanilla wafers, grape juice	9/22 - Cheese it's crackers, fruit juice
<b>Breakfast</b>	<b>Rosh Hashanah</b>	9/26- 1% Milk - Corn flakes cereal 1/2; banana	9/27- 1% Milk - Pancake, scrambled egg, pears	9/28- 1% Milk - bagel and cream cheese sliced apples	9/29- 1% Milk - English muffin sunny side up eggs turkey sauce mandarins
<b>Lunch</b>	9/25- School Closed	9/26- 1% Milk - Spaghetti w/ beef meatballs, garlic bread, green peas, apple slices	9/27 - 1% Milk - Cheeseburger on whole wheat bun, green salad celery sticks, w/ranch dressing, peaches	9/28- 1% Milk- Beef hot dog, whole wheat bread, corn, pineapples	9/29 - 1% Milk - Cheese pizza w/mozzarella cheese, garden salad (lettuce, tomato, cucumbers) ranch dressing, peaches
<b>P.M. Snack</b>		9/26 - Pretzels grape juice	9/27 - Vanilla wafer apple juice	9/28 - cheese its fruit juice	9/29- Veg. chips apple juice

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