

| Meal       | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|------------|--|--|--|---|---|
| Breakfast  |   | 11/01-1%Milk. Bagel with Cream cheese, apples<br>11/01-1%Milk. Swedish turkey meatballs, bow pasta, steam broccoli, oranges<br>11/01- Veg. chips grape juice | 11/02- 1%Milk. Pancakes, turkey bacon, plums<br>11/02- 1%Milk. Chicken nuggets, French fries, carrots and peas, apples<br>11/02- Pretzels, pears | 11/03- 1%Milk. Rice Krispies cereal, banana<br>11/03- 1%Milk. Beef cheeseburger, whole wheat bun, lettuce, tomato, fries, peaches<br>11/03- Saline crackers, apples | 11/04- 1%Milk. Blueberry muffins, mandarins<br>11/04- 1%Milk. Cheese pizza, garden salad, (lettuce, tomato, cucumbers) plums<br>11/04- Vanilla wafers fruit juice |
| P.M. snack | 11/07-1%Milk. hard-boil eggs, hash browns, apples  | <b>11/08-School Closed</b>   | 11/09-1%Milk. scramble eggs, hash brown, oranges<br>11/09-1%Milk. Meatloaf, mush potato, dinner roll, corn, plums                                | <b>11/10-School Closed</b>  | <b>11/11-School Closed</b>  |
| Breakfast  | 11/07- 1%Milk. Chicken tenders, yellow rice, steam broccoli, mandarins   |  |  |   |   |
| Lunch      | 11/07- Veg. chips apple juice  |  | 11/09- Goldfish, Apple sauce   |   |   |
| P.M. Snack |  |  |  |   |   |
| Breakfast  | 11/14-1%Milk. Bacon, egg and cheese sandwich, banana<br>11/14-1%Milk. Turkey & cheese sandwich, lettuce, tomatoes, apples                  | 11/15- 1%Milk. Corn muffins, mandarins<br>11/15-1% Milk. Chicken spring rolls, yellow rice, broccoli, oranges  | 11/16-1%Milk. French toast, turkey bacon, oranges<br>11/16-1% Milk. Spaghetti w/ beef meatballs, dinner roll, string beans, pineapples           | 11/17-1%Milk. Cereal (Cheerios), bananas<br>11/17-1% Milk. Chicken nuggets, French fries, carrots and peas, apples  | 11/18-1%Milk. Bagel with Cream cheese, apples<br>11/18-1% Milk. Cheese pizza, garden salad, (lettuce, tomato, cucumbers) plums                                    |
| Lunch      | 11/14- Vanilla wafers fruit juice  | 11/15- Belly Bear Honey Graham crackers, bananas   | 11/16- Saline crackers apple juice   | 11/17- Veg. chips, mandarins  | 11/18- Pretzels, pears  |
| P.M. Snack |  |  |  |   |   |
| Breakfast  | 11/21-1%Milk. English muffin scrambled egg, turkey bacon, slice pears<br>11/21-1%Milk. Chicken tenders French fries garden salad mandarins | 11/22-1%Milk. Cereal (Cheerios), bananas<br>11/22-1%Milk. Mac and cheese, string beans, dinner roll, pears   | 11/23-1%Milk. Cinnamon French toast, mandarins<br>11/23-1%Milk. Turkey breast in gravy sauce, mush potatoes, corn, oranges                       | <b>11/24- School Closed</b>   | <b>11/25- School Closed</b>   |
| Lunch      | 11/21- Saline crackers apples  | 11/22- Goldfish crackers, fruit juice  | 11/23- Vanilla wafers, bananas   |   |   |
| P.M. Snack |  |  |  |   |   |
| Breakfast  | 11/28-1%Milk. Rice Krispies cereal, banana   | 11/29-1%Milk. Pancakes, turkey bacon, plums<br>11/29-1%Milk. Chicken nuggets, French fries, carrots and peas, apples   | 11/30-1%Milk. hard-boil eggs, hash browns, apples<br>11/30-1%Milk. Cheese pizza garden salad (lettuce, tomato, cucumbers) oranges                |   |   |
| Lunch      | 11/28-1%Milk. Chicken spring rolls, yellow rice, broccoli, oranges   |  |  |   |   |
| P.M. Snack | 11/28- Mandarins/oranges in natural juice, Vanilla Wafers  | 11/29- Belly Bear honey Graham crackers, mandarins   | 11/30- Pretzels, fruit juice   |   |   |



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